

## nchp 'Hypnosis for Fertility': The easibirthing® method Practitioners Certification Course Schedule


**Day 1: Saturday 1<sup>st</sup> October at  
MWB Meeting rooms, 83 Baker Street,  
London W1U 6AG**



|             |  |
|-------------|--|
| 9-9.30am    | Registration   |
| 9.30-11.30  | Introduction and Course objectives<br>Defining your role as a hypnotherapist<br>Fertility through the ages: A historical perspective   |
| 11.30-11.50 | COFFEE/TEA (provided)  |
| 11.50-1pm   | The role of belief and expectation<br>Understanding conception<br>Male and Female Reproductive systems   |
| 1-2pm       | LUNCH<br>(not provided, but a number of choices close to the venue)  |
| 2-3pm       | Hypnosis for natural conception  |
| 3-3.20      | COFFEE/TEA (provided)  |
| 3.20-5pm    | Infertility and the modern world<br>Physiological Fertility Problems<br>Modern fertility treatments<br>Application of hypnosis for physiological problems<br>DISCUSSION, QUESTIONS |

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**Day 2: Sunday 2<sup>nd</sup> October at  
MWB Meeting rooms, 83 Baker Street,  
London W1U 6AG**

|               |  |   |
|---------------|--|---|
| 9-9.30        | Questions and Review of Day 1  |  |
| 9.30-10.30am  | Mind-Body Links: The Fertile State   |   |
| 10.30-10.50am | COFFEE/TEA (provided)  |   |
| 10.50-12.30   | Unexplained fertility<br>Assisting male fertility<br>Emotional impact of infertility |   |
| 12.30-1.30    | LUNCH<br>(not provided, but a number of choices close to the venue)                  |   |
| 1.30-3.30pm   | Managing Pressure/Reducing stress<br>Subconscious Blocks                             |   |
| 3.30-3.50pm   | COFFEE/TEA (provided)  |   |
| 3.30-5pm      | Combat Negative thinking<br>Coping with permanent infertility                        |   |

PLEASE NOTE: This schedule is designed as a rough guide only,  
and times/order may be subject to change